

THE REALTIONSHIP THERAPY CENTER PRESENTS

# THE MEN'S PROCESS GROUP



Join us for an impactful 6-week program created specifically for the unique challenges of being a “good man” in today’s modern society. This program is intended for men who are experiencing difficulties in their lives and relationships and who are seeking a better understanding of masculinity and emotionality.



## In this program participants will

- Learn and practice tools for self-regulation
- Create a deeper understanding of healthy masculinity
- Gain greater confidence in connection with others
- Begin practicing mindful awareness



**Where:** The Miracle Mile Shopping Center Conference Room, 5007 Excelsior Blvd, St Louis Park, MN.

**When:** Thursday evenings from 6–8PM starting July 23 through August 27.

**How to Register:** Email Todd at [Todd@mncouplescounseling.com](mailto:Todd@mncouplescounseling.com) and please include your full name, preferred phone number and how you heard about the group.

- Cost of this 6 week program is \$600 with payment options available.



Facilitated by  
**Todd Faehner, MA, LMFT**

Todd is a Licensed Marriage & Family Therapist who specializes in working with couples and families in crisis as well as individual adult men. Todd is married, a father and a former U.S. Army Combat Arms Officer.